



## DIVISION OF STUDENT AFFAIRS

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### COUNSELING CENTER

### EXTERNSHIP IN PSYCHOLOGY UNIVERSITY OF MARYLAND COUNSELING CENTER 2026-2027

#### TRAINING PROGRAM

The University of Maryland Counseling Center is accepting applications for externship training in psychology during the **2026-2027 academic year**. The University of Maryland Counseling Center externship provides supervised training in short-term individual counseling for university students. Externs typically spend 16-18 hours per week, or two full days, at the Counseling Center. Externs may select their days between Monday, Tuesday, or Thursday. Externs will complete 10 hours of direct clinical activities per week. Direct service training activities may vary based on the extern's clinical goals and interests and include individual therapy, intakes, coping skills-focused workshops, outreach, and co-leading a therapy group (based on availability). The remaining hours are allocated to case management, supervision (2 individual hours per week), a weekly case conference, and other training and professional development activities, such as monthly seminars on various topics and regular check-in meetings with the externship coordinator. This is a non-paid externship. For more information, please visit: <https://counseling.umd.edu/aboutus/training-programs/counseling-centers-externship-program>

#### THE COUNSELING CENTER

The University of Maryland Counseling Center, accredited by the International Association of Counseling Centers, has provided mental health services to university students for over 70 years. As the primary mental health agency on campus, our services target a large and diverse student population. Our services include brief assessments (intakes), short-term individual therapy, group therapy, vocational counseling, outreach/consultation, and collaboration with other university departments and services.

The center is open Monday-Thursday - 8:30 a.m. to 7:00 p.m. and Friday - 8:30 a.m. to 4:30 p.m. Externs are not expected to work the evening hours.

#### APPLICATION PROCESS

Applicants must be doctoral students in APA-approved counseling psychology or clinical psychology doctoral training programs. Externs typically are in their third or fourth year of training during externship. Preference is given to applicants who have completed a minimum of 3 years of clinical practica.

**All application materials should be submitted together via email as a single PDF. Letters of recommendation can be submitted directly to the externship coordinator if preferred. Emails from letter writers should include your name, followed by "Externship Letter" in the subject heading.**

To apply, students should send:

1. A statement of interest
2. A curriculum vitae describing academic and clinical training
3. One (1) letter of recommendation from the student's advisor or program training director
4. Two (2) letters of recommendation from clinical supervisors

**APPLICATION DEADLINE:** All materials must be received by Monday, February 2nd, 2026, by 4:00pm EST. Please send applications by email to Dr. Grace-Ellen Mahoney at [gmahone1@umd.edu](mailto:gmahone1@umd.edu)