

**Program Includes:** 

• Visiting laboratories at the University of Bergen (Norway) that study sleep and circadian rhythm

- Exploring Bryggen (right photo)—a UNESCO World Heritage Site and Bergen—a city surrounded by mountains
- A 3-day excursion to Sognefjord (top and right photos)--Norway's longest and deepest fjord
- An examination of sleep and circadian "hygiene" through the lens of the *Land of the Midnight Sun*

**Dates:** May 19-31, 2026

**Fee:** \$4,250 - Includes tuition, housing, some group meals, group excursions/tours, and entrance to museums. Airfare not included.

**Course:** BL/PY 400-level; 3 credits **Pre-regs:** Either BL150 or PY101

**Maximum enrollment: 16** 

Application Deadline: Feb 13, 2026

## Information Sessions:

Oct 6, 2025 @4:30 - FC215 Oct 14, 2025 @4:00 - FC215 Nov 24, 2025 @11am - Zoom https://loyola.zoom.us/my/myrum Jan 16, 2025 @4:00 - FC215





www.loyola.edu/department/international-programs/locations/summer.html