

GLAMOUR

Style Has No Size #IAmSizeBeautiful

**FEELING
DOWN?!**

TALK TO YOUR
BODY THE
WAY YOU
TALK TO
YOUR
FRIENDS

**Swipe
Right** on
Your **Selfie!**

2 *Easy
Steps for
getting
beach
body
ready:*

- 1. Have a
body*
- 2. Take it
to the
beach*

**Count Your
Blessings
NOT Your
Blemishes**

LOYOLA BODY PRIDE

The Counseling Center (410)-617-2273[CARE]

www.loyola.edu/counselingcenter

Share YOUR body pride message #LUMbodypride

Let's
Talk