



# Mt. Washington Pediatric Hospital

*Where Children Go to Heal and Grow*

An affiliate of University of Maryland Medical System and Johns Hopkins Medicine

## **General Information: Outpatient Externships & Application Process:**

Mt. Washington Pediatric Hospital (MWPH) is a specialty rehabilitation hospital, co-owned and co-operated by the University of Maryland and Johns Hopkins. The Outpatient Psychology externships are a 12-month placement starting in July 2023 and a 20 hours per week commitment.

Applications are due by **February 10, 2023**. Interviews will be held in February and March. Please email your CV, two letters of recommendation, and a cover letter to the track of interest.

## **Two Psychology Externship Tracks**

**1. Comprehensive Clinical Child** If you are applying to the Comprehensive Clinical Child Externship, email Elizabeth Getzoff Testa, Ph.D. at [EGetzoff@mwph.org](mailto:EGetzoff@mwph.org).

**2. Trauma** If you are applying to the Trauma Externship, email Lindsay Gavin, Ph.D. at [Lindsay.Emery@mwph.org](mailto:Lindsay.Emery@mwph.org).

Please indicate your clinical interest in your cover letter and if you are applying to more than one track.

## **Comprehensive Clinical Child Track**

The Comprehensive Clinical Child Track externship program is a training experience in clinical and pediatric psychology. The externship includes two major aspects 1. outpatient therapy and 2. psychological testing. Externs carry a caseload consisting of children and adolescents. Weekly individual and group supervision as well as didactics are provided. Externs will need to be available on one required day (Friday), as well as a second day that will be determined based on clinical interest.

Externs may choose to pursue specific training within the populations of

Internalizing & Externalizing Disorders

Pediatric Feeding

Behavioral Pain

Gender Health

Integrated Primary Care for Medically Complicated Youth and Diabetes

Autism

Short-term Behavioral Therapy

### **Trauma and Healing Program**

The Trauma and Healing externship is for students who have a strong interest in working with children and families impacted by trauma and have had a full year of child therapy and assessment experience. Primary presentations include children and adolescents with Posttraumatic Stress Disorder, Developmental Trauma, Complex Trauma and other comorbid mental health conditions including anxiety, depression, disruptive/oppositional disorders, self-harm, suicidality and more. The extern will also be expected to conduct initial intakes/consultations and trauma-informed evaluations (minimum of 1 case per month). During the year, students in the trauma externship program will gain exposure to several evidence-based treatments for traumatic stress, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Attachment, Regulation and Self-Competency (ARC); Eye Movement Desensitization and Reprocessing Therapy (EMDR) and more. Externs will have the opportunity to complete the initial 2-3 day formal training in TF-CBT, which is needed for certification in TF-CBT, and will receive supervision in implementation of TF-CBT throughout the year. Students will also participate in monthly didactics with topics focused on trauma and child maltreatment. The externship position is unique and in addition to clinical work, will also involve community engagement and outreach (e.g., presentations/education to various community groups on topics related to childhood trauma). Experience/training/strong interest in working with children and families exposed to trauma is preferred.

**COVID-19 Procedures: Currently, all trainees and employees are required to be vaccinated. Currently, there is a hybrid model with both virtual and in-person work. During telepsychology sessions, externs are seeing patients with their supervisors hosting the Zoom sessions. Clinicians are provided with proper PPE for all in person work following all the guidelines provided by the University of Maryland.**