



www.timeorganization.org

Doctoral Externship Program (2022-2023)

T.I.M.E. Organization Inc. (Outpatient Community Mental Health/Substance Abuse Centre)

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1 ABOUT US

About T.I.M.E. Organization Inc

T.I.M.E. Organization Inc. is a licensed Outpatient Mental Health Center (O.M.H.C.) providing community-based mental health and substance abuse programs serving Baltimore City, Anne Arundel County, and surrounding counties. For over 18 years, we have provided a wide array of services for mental health and substance abuse along with wraparound services, including:

- ✓ Psychiatric evaluation.
- ✓ Medication Management Services
- ✓ Suboxone for opioid abuse
- ✓ Mental health and substance abuse therapy
- ✓ Intensive Outpatient Treatment
- ✓ Psychiatric rehabilitation program -P.R.P.
- ✓ Therapeutic Behavioral Services -T.B.S.
- ✓ Autism waiver services

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PROGRAM DESCRIPTION

- ✓ The Time organization offers a 12-month practicum for doctoral students enrolled in Clinical or Counseling doctoral programs.
- ✓ The in-depth training includes three rotations that each last four months, where our interns become part of our interdisciplinary team.
- ✓ Our outpatient mental health and substance abuse clinic serves children, adolescents, adults & geriatric populations for a broad range of mental health and substance abuse issues.
- ✓ The externs are expected to spend anywhere between 16-20 hours per week onsite.

- ✔ Time organization's psychology doctoral externship in clinical psychology provides psychologists-in-training with a year-long, in-depth training experience.
- ✔ We provide intensive weekly individual and group supervision and discussions and didactic seminars.
- ✔ All our interns, staff and patients come from diverse backgrounds and vary significantly in their individual, cultural and religious identities and representing issues within these backgrounds.
- ✔ We emphasize cultural fluency and cross-cultural diversity in our externship programs, so that cultural diversity is an integral part of our training program.
- ✔ At TIME Organization, we have an interdisciplinary team which we believe is our strength and backbone.
- ✔ We have psychiatrists, psychologists, social workers, pharmacists, clinical nurses, and other professionals who actively coordinate and treat patients at its foundation.
- ✔ Post-doctoral fellows, doctoral interns, and other clinical practicum students also form a part of our valued treatment team.
- ✔ Our externship has been specifically formulated to provide a broad experience to our trainees by exposing them to a diverse therapy setting and training them in culturally sensitive clinical skills.
- ✔ We aim to assist our trainees beyond their externship practice. We try to achieve that by fostering competency skills development using empirical research and evidence-based clinical theory and to nurture professional growth.
- ✔ Our approach to supervision is individualistic. It also lets them explore their own beliefs and identities to understand their own unique experiences and therapy and treatment approaches.
- ✔ The core areas of functioning emphasized at TIME organization include individual and group psychotherapy, clinical intakes and assessment, crisis intervention, consultation, triage and outreach.



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CLINICAL ACTIVITIES

- ✔ The TIME organization offers a robust training experience based on an empirical framework while providing treatment in a culturally appropriate frame. The clinical activities which externs typically undergo include:
 - ✔ **Individual psychotherapy:** Trainees develop empirically-based case formulation and conceptualization, create treatment plans, and provide evidence-based interventions for their clients.
 - ✔ **Group psychotherapy and Workshops:** Externs must undergo at least one workshop every four months. The externs also observe group therapy and later co-facilitate the sessions with other externs or staff members.
 - ✔ **Intakes:** Our externs will conduct a complete intake whenever a new client arrives.
 - ✔ **Triage:** TIME Organization conducts brief 30-minute initial assessments with clients to determine the need for any specific interventions, diagnosis, assessment for safety, etc., to gain a better understanding of a client and develop treatment goals accordingly. Our externs get opportunities to participate in triage.

- ✔ **Outreach:** Externs sometimes can participate in outreach mental health programs that TIME Organization conducts for the community.
- ✔ **Consultation:** Consultations may occur with faculty, staff, parents, other students and other treatment providers during the externship.

4 SUPERVISION

- ✔ **Individual Supervision:** Externs receive one hour per week of individual supervision for every 8 hours of clinical work with a licensed psychologist/psychiatrist.
- ✔ **Group Supervision/ Seminar:** Group Supervision occurs once a week for one hour. It includes case presentations and receiving didactic training on a wide range of topics.
- ✔ **Group Therapy Supervision:** Externs will receive monthly supervision surrounding their group therapy experience.
- ✔ **Outreach:** Our externs receive training and guidance from their supervisors regarding outreach presentations.

5 PROGRAM SCHEDULE

- ✔ The program requires externs to be onsite for 16-20 hours per week, which depends upon the requirements of the trainee's home institution. Each trainee is responsible for their criteria of required hours for their respective program. The outline of typical weekly activities include:
 - ✔ **Individual therapy (8-12 hours per week)**
 - Clients are seen once per week in general, and sessions occur at TIME Organization's office. The conducted sessions are all videotaped for supervision purposes. Each trainee carries full a caseload of clients throughout the year.
 - ✔ **Supervision of individual therapy (2 hours per week)**
 - Each extern has to be in touch with at least two different clinical supervisors who oversee the psychological treatment process.
 - ✔ **Initial Consultation assessments (1 hour per week)**
 - The trainees will at least do one intake per week or more. Training and supervision in this area are duly provided.
 - ✔ **Seminar (2 hours per week)**
 - Our trainees must attend our weekly seminars conducted by our clinic members or other visiting clinicians. A wide range of clinical topics are focused upon and discussed, along with a list of recommended readings.
 - ✔ **Clinical case conference (1 hour per week)**
 - Every week, the trainees have a group meeting with staff from TIME Organization to present cases and discuss conceptualizations.
 - ✔ **Training Director meeting**
 - Each week, the trainees meet with the training director to provide and receive feedback concerning their training experience and discuss professional development issues, policies, and procedures.



6 EVALUATION AND FEEDBACK

- ✔ Formal feedback is provided to trainees after every four months. Informal feedback is provided throughout the externship.
- ✔ Externs are evaluated in various areas, including the competencies in the Standards of Accreditation for Health Service Psychologists.

7 APPLICATION PROCEDURE

- ✔ **The following application materials should be submitted via Email:** externship@timeorganization.org.
 - Cover letter expressing your interest in this
 - Curriculum Vitae (CV) covering relevant clinical work and training experiences.
 - Transcripts
 - Two letters of recommendation
- ✔ Complete applications must be received no later than 5:00 PM on March 1, 2022

Questions, Please Contact:

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- Phone: 410 564-4197
- Email: tpadder@timeorganization.org

Clinic Locations

BALTIMORE:

- 📍 4538 Edmondson Avenue
- 📍 Baltimore, MD 21229
- ☎ 443-872-2230 (office)
- ☎ 443-872-2227 (fax)
- ✉ baltimoreintake@timeorganization.org

Glen Burnie:

- 📍 7310 Ritchie Highway Suite 100
- 📍 Glen Burnie, MD 21061
- ☎ 443-704-1082 (Office)
- ☎ 443-479-0221 (Fax)
- ✉ glenburnieintake@timeorganization.org

